

(2) Organize your ideas into paragraphs to write a newsletter article in about 60 words. You may refer to S.B. P.35.

Paragraph 1 (introduction)	<ul style="list-style-type: none"> <li>Tell readers what your article is about (e.g. What is good for us and what is not? How do we eat healthily? Here is some advice.)</li> </ul>
Paragraphs 2 & 3 (main paragraphs)	<ul style="list-style-type: none"> <li>Write about the food or drinks that are <u>good</u> and <u>bad</u> for us</li> <li>Use different phrases to give <u>advice</u> (e.g. We need to ... / It is a good idea to ... / It is better to ... / It is best to ...)</li> </ul>
Paragraph 4 (conclusion)	<ul style="list-style-type: none"> <li>Give a <u>general</u> suggestion (e.g. So let's eat well and stay healthy! / So let's follow this advice and have a healthy balanced diet!)</li> </ul>

Lovely School  
Newsletter

Advice on healthy diets

What is good for us and what is not?

How do we eat healthily? If you get sick and weak, which food will help you get well quickly? Here is some advice.

Vegetables and fruit are good for us.

They give us lots of vitamins and minerals.

They keep us healthy. It is <sup>better</sup> ~~best~~ to eat more apples, oranges, grapes, papayas, salad <sup>and</sup> hairy gourds <sup>and</sup> gouries ~~and~~ drink more Borscht.

Fried food is bad for us. It is too ~~oil~~.